



# ROMANS

## CHAPTERS 5-8

**DEVOTIONAL GUIDE**



The devotional is available electronically on our website:  
**riversidecommunity.org**

Additionally, you can receive the devotional daily  
via email by subscribing at:  
**<http://riverside.church/devo>**



## **PREVIOUS MEMORY VERSES FROM ROMANS 1-4**

### **WEEK 1 • MEMORY VERSE • ROMANS 1:17**

*For in the gospel the righteousness of God is revealed—a righteousness that is by faith from first to last, just as it is written: “The righteous will live by faith.”*

### **WEEK 2 • MEMORY VERSE • ROMANS 2:4**

*Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God’s kindness is intended to lead you to repentance?*

### **WEEK 3 • MEMORY VERSE • ROMANS 3:23-24**

*<sup>23</sup> for all have sinned and fall short of the glory of God, <sup>24</sup> and all are justified freely by his grace through the redemption that came by Christ Jesus.*

### **WEEK 4 • MEMORY VERSE • ROMANS 4:5**

*However, to the one who does not work but trusts God who justifies the ungodly, their faith is credited as righteousness.*

---

This cover has been designed using resources from Freepik.com

## ROMANS (CHAPTERS 5-8)

Friends,

This is the second booklet, in a series of four, journeying through the book of Romans.

Last month I shared that one of Paul's main goals in writing this letter to the Roman church was to encourage unity amongst them. In this season of social distancing due to COVID-19, as well as a divisive political climate, disunity is one of my greatest fears for our church. Let's pray together for unity in our church and actively pursue it so that when we walk out of this season (whenever that is) we will be a stronger, more unified body.

We learned in the first four chapters that:

- God has created us for community with Him;
- Each of us has foolishly decided to reject and ignore God;
- This rejection has left us guilty and a stubborn heart;
- But God (one of my favorite phrases), pursues us;
- We can embrace God and His pursuit through faith.

You can watch the Bible Project summary of the first four chapters here through the QR code on the bottom right or the following URL:

[https://youtu.be/ej\\_6dVdJSIU](https://youtu.be/ej_6dVdJSIU)

We are also going to continue our memory verses (one from each chapter) so that we gain an overall picture of Romans just through these verses!

I'm so glad that you've joined us in reading and journeying together. This rhythm of daily devotions plants our church securely in the word of God together as the basis for our faith and walk. I'm glad to be on this journey with you!

Love you all,

Keith

Pastor/elder



# WEEK 1

## SUNDAY (10/11/20) SERMON NOTES

## MONDAY (10/12/20)

We will begin this week by checking out the great work at the **BibleProject**. This video will cover chapters 5-16. Enjoy!

Overview Romans Ch. 5-16

 <https://youtu.be/0SVTl4Xa5fY>



### WEEK 1 • MEMORY VERSE • ROMANS 5:8


*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*



## TUESDAY (10/13/20)

### Read Romans 5:1-5

② Chapter 5 starts with “therefore.” So we have to ask ourselves, “what is the ‘therefore’ *there for*?” In light of the previous chapters, that we all stand guilty before God, what is he saying in these first verses?

 Define the word *justified*:

② When you think of a situation of suffering in your life right now (or someone that you are close to), which of the products of suffering will give you the most encouragement?

② Where do you need hope in the midst of a challenging situation or place of suffering?

### WEEK 1 • MEMORY VERSE • ROMANS 5:8

*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*

## WEDNESDAY (10/14/20)

 Read Romans 5:6-11

② What do you think made it “just the right time?” (v. 6)

② What is the difference between being justified and being reconciled to God?

② Why do we need to be reconciled? What is our condition as humans?

② Have you been reconciled to God?

💡 If this is something you’ve never experienced or you’d like to know more, please reach out to Keith, Benji, Andrew, or any of the elders—they would love to sit and talk through this with you.



## THURSDAY (10/15/20)

Remember to sit and pray and ask the Holy Spirit to give you wisdom as you read. Also review the memory verses!

 **Read Romans 5:12-14 & Genesis 3**

② What do you think motivated Adam and Eve to disobey God?

② Think of the last time that you willfully chose to do something that you knew displeased God. What was behind that action?

 What were the consequences that came to us through Adam:

② What do you think it means that “death reigned?”

### WEEK 1 • MEMORY VERSE • ROMANS 5:8

*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*



## FRIDAY (10/16/20)

 Read Romans 5:15-17

 List out:

Consequences through Adam

Consequences through Jesus

② How is the gift different from the trespass (sin)?

② How do you see evidence that we all are born with this sin in our nature? Even small children are born with the nature to sin.

② Where do you find hope in these verses?



# SATURDAY (10/17/20)

 Read Romans 5:18-21

 List out:

Consequences through Adam


Consequences through Jesus

② How does the obedience of Jesus encourage you to obey right now?

② I suppose it follows that if Jesus demonstrated obedience to us, then He could have chosen disobedience? How do you feel about this?

② Today, if you've allowed Jesus to pay the penalty for your sins, God calls you "righteous." How can you see evidence of His righteousness in you?

## SUNDAY (10/18/20)

 As has become the normal rhythm, let's take some time this morning to just rest in the presence of the Father. Sit quietly and just picture yourself there with the Lord. Picture His face smiling at you and His arms holding you.

Just sit and rest with Him.

### WEEK 1 • MEMORY VERSE • ROMANS 5:8

*But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.*



# WEEK 2


SUNDAY (10/18/20) - SERMON NOTES


## WEEK 2 • MEMORY VERSE • ROMANS 6:23


*For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*


## MONDAY (10/19/20)

Reread all of Romans chapter 5 and do the Know, Be, Do method of study through the chapter!

 KNOW - What does the text say about God?

 BE - What does the text say about us?

 DO - What is the text calling me to do?

 Write out the whole verse that you want to stick with you throughout the day today:

## TUESDAY (10/20/20)

Remember to pray and ask the Lord for wisdom. You also have a new memory verse for this week!

 **Read Romans 6:1-7**

② Again, Paul poses the question of whether or not we should seek to sin more because it brings more grace. And again he says, “NO”!

② How exactly have we “died to sin?” Explain this idea:

② What does it mean that we are united with Christ in His death?

② How does this, in practical, everyday ways, enable us to live a new life?


### **WEEK 2 • MEMORY VERSE • ROMANS 6:23**


*For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*


## WEDNESDAY (10/21/20)


 **Read Romans 6:8-14**

 How did Jesus get victory over death?

 What does this mean for you and I?

 Which parts of your body are the most prone to be offered as instruments of sin?

 How, in practical ways, can you offer them to God to be used for righteousness?

 Spend some time right now sitting with the Holy Spirit and just being honest about where you need help.



## THURSDAY (10/22/20)

 Read Romans 6:15-18

② Why should sin not characterize me as a person in the family of God?

② Does this mean that I never sin?

② What characterizes me as a son or daughter of the King?

② Where have you seen your obedience lead to righteousness in your life?

### WEEK 2 • MEMORY VERSE • ROMANS 6:23

*For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*



## FRIDAY (10/23/20)

 Read Romans 6:19-23


- ② In the areas that you tend to be mastered by sin, what has been the benefit for you? I'm assuming we act in ways that we perceive will benefit us in some way.
  
- ② Likewise, in areas where you see a desire for righteousness growing in you, how does that benefit you?


We all have things that we've done, said, or thought that we feel ashamed of now.


- ② Who are you able to share those things with? For perspective? For accountability? For support? We all need people around us if we hope to walk faithfully!


 Explain verse 23 in your own words:


## SATURDAY (10/24/20)

 Reread all of Chapter 6 and do the Know, Be, Do method through the chapter!

 KNOW - What does the text say about God?

 BE - What does the text say about us?

 DO - What is the text calling me to do?

 Write out the whole verse that you want to stick with you throughout the day today:

## SUNDAY (10/25/20)

- ☞ Spend some time this morning praying prayers of thankfulness. Think through your week and ask the Holy Spirit to show you how He's been involved in your days and moments. Journal the things that you are thankful for:

### WEEK 2 • MEMORY VERSE • ROMANS 6:23

*For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*



# WEEK 3

SUNDAY (10/25/20) - SERMON NOTES

**WEEK 3 • MEMORY VERSE • ROMANS 7:24**


*What a wretched man I am! Who will rescue me from this body of death?*


## MONDAY (10/26/20)


We saw in Romans 5 that God was creating a *new humanity* in Jesus. Romans 6 explained that we are “alive in Christ.” Now in Romans 7, Paul answers the questions, “What the Law was for? What purpose did it serve? If God was going to redeem people to Himself through Jesus’ death and resurrection, why all the hoopla with the Law?”

 **Read Romans 7:1-6**

 Why do you think Paul uses a marriage illustration?


 When you think back to before being “joined to Christ”- what is some of the “fruit of death” that you remember growing?

 What fruit in your life now is evidence of your being a part of God’s family? How do you see yourself growing?

 Sit and spend some time quietly, praying, and asking the Holy Spirit to show you how He has been at work in you, and also where He wants to work going forward.

## TUESDAY (10/27/20)

 **Read Romans 7:7-25**

 Write a one sentence summary for the tension Paul is expressing in this section:

② The Law showed us what was sin (v. 7). Ideally, the Law should lead us to life as we obey the good commands set before us. Easy, right? Not exactly! Paul says that sin “seized the opportunity” in verse 8. How does this work in your own words? What opportunity did sin seize?

② Elsewhere, Peter explains that satan is like a roaring lion - prowling about wanting to devour and destroy us. This is a sobering picture to think of sin, through satan, seeking to ensnare me and destroy me. How have you seen this at work in your life? Where does sin take opportunity with you?




# THURSDAY (10/29/20)


 Read Romans 7:24-8:4

② In 7:25 Paul gets pretty excited. What is he thankful for?

② How does someone become “in Christ (v. 8:1)?”

② If you are “in Christ,” Paul explains that there is no condemnation over you, around you, for you. How does that make you feel?

 Stand up and walk to the nearest mirror in your place. Say aloud as you look at yourself, I am not condemned. I am a part of God’s family. I am not condemned.

 Spend some time praying and praising God for setting us free from the Law, and allowing us access into His family.


## WEEK 3 • MEMORY VERSE • ROMANS 7:24


*What a wretched man I am! Who will rescue me from this body of death?*




## FRIDAY (10/30/20)

 Read all of Romans 7 and do the Know, Be, Do method through the chapter!

 KNOW - What does the text say about God?



 BE - What does the text say about us?

 DO - What is the text calling me to do?

 Write out the whole verse that you want to stick with you throughout the day today:





## SATURDAY (10/31/20)

-  We are going to do something a little different today. Open your Bible app, or download a Bible app, on your phone.
-  Listen to Romans chapters 1-8 all the way through. This was a letter written to a specific church, but was read as a letter.

I think it helps grasp the overall scope if we listen to some larger chunks. Similar to the chunks we have been reading at Nehemiah Nights in Revelation!

-  Write out things that popped out to you as you read:

## SUNDAY (11/1/20)

-  Spend some time praying and reflecting this morning around the idea of being not condemned.
-  Journal or write our areas where you have felt condemned in the past, perhaps areas where others have actually condemned you. Speak aloud to each area the truth that we are no longer condemned. We are welcomed and loved into an incredible family.

### WEEK 3 • MEMORY VERSE • ROMANS 7:24

*What a wretched man I am! Who will rescue me from this body of death?*



# WEEK 4

SUNDAY (11/1/20) - SERMON NOTES

## WEEK 4 • MEMORY VERSE • ROMANS 8:15

*For you did not receive a spirit that makes you a slave again to fear, but you received the spirit of sonship. And by him we cry, “Abba, Father.”*

## MONDAY (11/2/20)

 **Read Romans 8:5-8**

② How does someone move from living according to the sinful nature to living according to the Spirit?

② How do we know what the Spirit desires? How can this be possible?


② What does Paul mean that “mind governed by the flesh is death (v. 6)?”

② When your mind is controlled by the Spirit, how have you seen life and peace there?



## TUESDAY (11/3/20)

### Read Romans 8:9-11

 Explain verse 9b “if anyone does not have the Spirit of Christ, he does not belong to Christ”:

② Who is the “you” at the beginning of verses 9. Does this apply to the whole world? Just the church in Rome? Who is controlled by the Spirit?

② Are you someone whom the Spirit of Christ is living in and is controlled by the Spirit? How do you see this at work in your life day to day?

② The same Spirit that raised Jesus from the dead is living inside of you if you have joined God’s family. What are you wanting to see Him do in your life today?

# WEDNESDAY (11/4/20)

## Read Romans 8:12-17

② Therefore... What is the therefore referring to in verse 12-14? Explain these verses in your own words.

② What are the benefits of being a child in God's family?

- Keith spoke a few weeks back about John, in Revelation, being exiled because of his speaking the word of God and his testimony of faith.
- Paul speaks in this passage about us sharing in Christ's suffering.
- 1 Peter 2 commends those who suffer for doing good as people who are following the example of Christ.

② When have you suffered and considered your suffering to be sharing the suffering of Christ?

### WEEK 4 • MEMORY VERSE • ROMANS 8:15

*For you did not receive a spirit that makes you a slave again to fear, but you received the spirit of sonship. And by him we cry, "Abba, Father."*



## THURSDAY (11/5/20)

 **Read Romans 8:18-27**

② What is your present suffering? What is hard for you right now?

② Why is creation in bondage and frustrated?

② What is the hope that verse 24 is referring to?

② Where do you struggle to hope?

② I think it is beyond words to think of the Spirit going to the Father on my behalf when I'm not even sure of what to pray. What is in your heart today that you may not have words for, but want the Spirit to pray on your behalf for?



## FRIDAY (11/6/20)

 Read Romans 8:28-39

② What is declared true of us in verses 28-30?

② What do you think it means that God is “for us?”

② How do you feel today? Are you more than a conqueror? Something else?

② When have you felt separated from God’s love?


② How can you use the truth here to speak to the feelings of being separated?


### WEEK 4 • MEMORY VERSE • ROMANS 8:15


*For you did not receive a spirit that makes you a slave again to fear, but you received the spirit of sonship. And by him we cry, “Abba, Father.”*





## SATURDAY (11/7/20)

 Reread all of Romans 8 and do the Know, Be, Do method through the chapter!

 KNOW - What does the text say about God?

 BE - What does the text say about us?


 DO - What is the text calling me to do?

 Write out the whole verse that you want to stick with you throughout the day today:

## SUNDAY (11/8/20)

As has become the normal rhythm, let's take some time this morning to just rest in the presence of the Father. Sit quietly and just picture yourself there with the Lord. Picture His face smiling at you and His arms holding you.

Just sit and rest with Him.

 **Read Romans 8:38-39** aloud several times slowly. Ponder what this means for your daily life. Be thankful.

### WEEK 4 • MEMORY VERSE • ROMANS 8:15

*For you did not receive a spirit that makes you a slave again to fear, but you received the spirit of sonship. And by him we cry, "Abba, Father."*





---

**Know. Be. Do...** *Together*

RIVERSIDECOMMUNITY.ORG