

# Group Discussion Guide for Week of 1/23/2023

Riverside Home Group Discussion Guide

Scripture Text to accompany the themes of the Sunday Sermon; *Matthew 5:1-8 (NIV)*

**5** Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, <sup>2</sup> and he began to teach them. He said:

<sup>3</sup> "Blessed are the poor in spirit, for theirs is the kingdom of heaven.

<sup>4</sup> Blessed are those who mourn, for they will be comforted.

<sup>5</sup> Blessed are the meek, for they will inherit the earth.

<sup>6</sup> Blessed are those who hunger and thirst for righteousness, for they will be filled.

<sup>7</sup> Blessed are the merciful, for they will be shown mercy.

<sup>8</sup> Blessed are the pure in heart, for they will see God.

## General Question Bank

**Observation** (what does the text say?) **Interpretation** (what does it mean?) **Application** (what does it mean to me/us?)

**Know** (what does the text say about God?) **Be** (what does it say about us?) **Do** (what does it call us to do?)

**Together** (What is our communal identity/response according to the passage/Holy Spirit?)

## Discussion/Topic Starter (Ice Breaker)

- How would you define the word "blessed"? Ask each member of the group to write their definition on a piece of paper. Collect and read each definition, letting the group guess who wrote each one. What do the responses reveal about their authors?

## Matthew 5:1-8

O: What things in the text strike you or jump out at you? Why?

*\*\*\*Another way to ask: "Choose one verse or phrase from the passage that stands out to you. This could be something you're intrigued by, something that makes you uncomfortable, something that puzzles you, something that resonates with you, or just something you want to examine further." Now share it with the group*

- O: How does our normal description of the blessed or fortunate person compare with those Jesus considers blessed (vs. 1-12)?
- I: To be "poor in spirit" (v. 3) is to acknowledge our spiritual poverty, our bankruptcy before God. Why is this an indispensable condition for receiving the kingdom of heaven?
- I: How would a true estimate of ourselves (vv. 3-4) lead us to be "meek"—to have a humble and gentle attitude to others (v. 5)?
- I: From the world's point of view, why is it surprising that the meek will inherit the earth?
- I: What has Jesus said so far that might lead us to hunger and thirst for righteousness (v. 6)?
- I: N.T. Wright says this of the Beatitudes: "Jesus is saying that with his work these things start to come true. This is an announcement, not a philosophical analysis of the world. It is gospel—an announcement of wonderful news, of good news, not good advice." How would *you* say these Beatitudes are an expression of the gospel?
- A: Dietrich Bonhoeffer says, "The faith-community of the *blessed* [italics mine] is the community of the Crucified. With him they lost everything, and with him they found everything." How does the work of Christ help all of us find flourishing?
- A: Jesus begins this great teaching by blessing three types of people: (1) the humble, (2) those who pursue righteousness and justice, and (3) those who create peace. How will the fact that Jesus begins the sermon this way impact the way you treat people this week?

-How WILL you respond this week? What one question do you want us to ask of you next week in regard to this?

## Recommended Follow-up:

Pray: Pray together, and really focus in on that we are meeting with God, He's in the room, and He wants us to KNOW Him. Pray together, spend some time being silent.

Respond: Spend this week responding to God's word as fleshed out in the group time, as well as journey through this week's devotional guide.

## **An explanation on how Riverside structures these discussion guides\*:**

Riverside defines a disciple of Jesus as a **“Know, Be, Do”** person. And since Jesus told us to “make disciples” we use the “Know, Be, Do” framework in our discussion guides. We believe the process for this transformation happens in community, hence the **“Together”** part of the Riverside mission as well.

Riverside leadership regularly asks questions around these areas:

- “What do we need to **know** about God?”
- “Who do we need to **be**?”
- “What do we need to **do**?”
- **“Together**, what is our communal identity/response according to the passage/Holy Spirit?”

Here is what we mean by “Know, Be, Do” (based on [Colossians 1:9-10](#), see below)

**Know** – *“to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives..., growing in the knowledge of God.”* Not just knowing about Jesus, but knowing Him personally, intimately, and deeply. This is also about knowing the scriptures, knowing the voice of the Holy Spirit, even knowing yourself.

**Be** – *“so that you may live a life worthy of the Lord and please him in every way.”* Becoming more like Jesus (sanctification). This is about our character and our heart and our motivations, our passions and convictions change the more we get to Know Jesus (and others).

**Do** – *“bearing fruit in every good work, ...”* Knowing Jesus and Becoming like Jesus practically will change our actions. As we grow in these areas we will naturally DO the things that Jesus did while in the flesh on earth (living and loving like Jesus). Some broad categories around DO are evangelism and justice and service.

Notice *“bearing fruit in every good work”* then yields more *“growing in the knowledge of God.”* In other words, while “Know, Be, Do” are three distinct words, they are deeply interconnected.

As a side note, the next chapter states: *“So then, just as you received Christ Jesus as Lord, continue to live your lives in him, <sup>7</sup>rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. <sup>8</sup>See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. (Col. 2:6-8)*  
To aid in this process Riverside also has a **daily devotional guide available each week**.

### **Colossians 1:9-10, NIV**

*For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,...*

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\* As discussed in Riverside’s HGLT (Home Group Leader Training), these guides are to be starting points for home group leaders to develop their own guides and approaches to leading group discussions. This is a resource tool, not a rigid “go through this guide word-for-word.” There are intentionally too many questions for a single home group time. This guide was created in consultation with *The Sermon on the Mount and Human Flourishing*, Jonathan Pennington, 2017; *Sermon on the Mount: LifeGuide Bible Studies*, John Stott; *Matthew for Everyone Bible Study Guide*, N. T. Wright; and *The Story of God Bible Commentary: Sermon on the Mount*, Scot McKnight; *Sermon on the Mount*, Amy-Jill Levine; *Studies in the Sermon on the Mount*, 2020; *Studies in the Sermon on the Mount*, David Martin Lloyd-Jones, 2011.