

Group Discussion Guide for Week of 5/1/2023

Riverside Home Group Discussion Guide

Scripture Text to accompany the themes of the Sunday Sermon; *Matthew 6:25-34 (NIV)*

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life^[e]?

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

General Question Bank

Observation (what does the text say?) **Interpretation** (what does it mean?) **Application** (what does it mean to me/us?)

Know (what does the text say about God?) **Be** (what does it say about us?) **Do** (what does it call us to do?)

Together (What is our communal identity/response according to the passage/Holy Spirit?)

Discussion/Topic Starter (Ice Breaker)

- Often our attempts to live out “do not worry” become instead “pretend you’re not worried.” When have you tried this approach? How did that turn out for you?

Matthew 6:25-34

O: What things in the text strike you or jump out at you? Why?

***Another way to ask: “Choose one verse or phrase from the passage that stands out to you. This could be something you’re intrigued by, something that makes you uncomfortable, something that puzzles you, something that resonates with you, or just something you want to examine further.” Now share it with the group

- O: Looking at this passage alongside last week’s passage (Mt. 6:19-24), can you identify ways the discussions of money and worry are related?
- I: When Jesus tells us not to worry about what to eat or drink or wear, he doesn’t mean that these things don’t matter. The point is priorities and trust. Why is worry so difficult for us to set aside in favor of trust in God’s priorities?
- I: On Sunday, Sarah pointed to Gethsemane as a moment Jesus wrestled through anxious, worried thoughts, even leaning on his friends/disciples. How does it strike you to see the One who invites us “do not worry” healthily processing through his own worries? Does it alter your approach to the command “do not worry”?
- I: Throughout his ministry, Jesus seems to have had the skill of living totally in the present, giving attention to the present task, celebrating the goodness of God here and now. How do you see this modeling the teaching of this passage?
- O: Give examples of how we might today “run after all these things” that Jesus mentions (v. 32).
- A: To “seek first His kingdom and His righteousness” begins with knowing that our true home is in His kingdom under His righteousness. How can the Lord’s Prayer be for us a reminder of this belonging?
- A: What is one thing you can do this week to start learning Jesus’ skill of living in the present?

-How WILL you respond this week? What one question do you want us to ask of you next week in regard to this?

Recommended Follow-up:

Pray: Pray together, and really focus in on that we are meeting with God, He’s in the room, and He wants us to KNOW Him. Pray together, spend some time being silent.

Respond: Spend this week responding to God’s word as fleshed out in the group time, as well as journey through this week’s devotional guide.

An explanation on how Riverside structures these discussion guides*:

Riverside defines a disciple of Jesus as a **“Know, Be, Do”** person. And since Jesus told us to “make disciples” we use the “Know, Be, Do” framework in our discussion guides. We believe the process for this transformation happens in community, hence the **“Together”** part of the Riverside mission as well.

Riverside leadership regularly asks questions around these areas:

- “What do we need to **know** about God?”
- “Who do we need to **be**?”
- “What do we need to **do**?”
- **“Together**, what is our communal identity/response according to the passage/Holy Spirit?

Here is what we mean by “Know, Be, Do” (based on [Colossians 1:9-10](#), see below)

Know – *“to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives..., growing in the knowledge of God.”* Not just knowing about Jesus, but knowing Him personally, intimately, and deeply. This is also about knowing the scriptures, knowing the voice of the Holy Spirit, even knowing yourself.

Be – *“so that you may live a life worthy of the Lord and please him in every way.”* Becoming more like Jesus (sanctification). This is about our character and our heart and our motivations, our passions and convictions change the more we get to Know Jesus (and others).

Do – *“bearing fruit in every good work, ...”* Knowing Jesus and Becoming like Jesus practically will change our actions. As we grow in these areas we will naturally DO the things that Jesus did while in the flesh on earth (living and loving like Jesus). Some broad categories around DO are evangelism and justice and service.

Notice *“bearing fruit in every good work”* then yields more *“growing in the knowledge of God.”* In other words, while “Know, Be, Do” are three distinct words, they are deeply interconnected.

As a side note, the next chapter states: *⁶ So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. ⁸ See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. (Col. 2:6-8)*
To aid in this process Riverside also has a **daily devotional guide available each week**.

Colossians 1:9-10, NIV

For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,...

* As discussed in Riverside's HGLT (Home Group Leader Training), these guides are to be starting points for home group leaders to develop their own guides and approaches to leading group discussions. This is a resource tool, not a rigid “go through this guide word-for-word.” There are intentionally too many questions for a single home group time. This guide was created in consultation with *The Sermon on the Mount and Human Flourishing*, Jonathan Pennington, 2017; *Sermon on the Mount: LifeGuide Bible Studies*, John Stott; *Matthew for Everyone Bible Study Guide*, N. T. Wright; and *The Story of God Bible Commentary: Sermon on the Mount*, Scot McKnight; *Sermon on the Mount*, Amy-Jill Levine; *Studies in the Sermon on the Mount*, 2020; *Studies in the Sermon on the Mount*, David Martin Lloyd-Jones, 2011.