

Group Discussion Guide for Week of **6/11/2023**

Riverside Home Group Discussion Guide

Scripture Text to accompany the themes of the Sunday Sermon; *Psalm 1(NIV)*

- ¹ Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
² but whose delight is in the law of the Lord,
and who meditates on his law day and night.
³ That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.
⁴ Not so the wicked!
They are like chaff
that the wind blows away.
⁵ Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.
⁶ For the Lord watches over the way of the righteous,
but the way of the wicked leads to destruction.

General Question Bank

Observation (what does the text say?) **Interpretation** (what does it mean?) **Application** (what does it mean to me/us?)
Know (what does the text say about God?) **Be** (what does it say about us?) **Do** (what does it call us to do?)
Together (What is our communal identity/response according to the passage/Holy Spirit?)

Discussion/Topic Starter (Ice Breaker)

- Many forks in the road of our lives are value neutral, but some have the distinction of a right and wrong path. Have you ever chosen the “wrong path” on a hike or long drive? How did it turn out?

Psalm 1

O: What things in the text strike you or jump out at you? Why?

****Another way to ask: “Choose one verse or phrase from the passage that stands out to you. This could be something you’re intrigued by, something that makes you uncomfortable, something that puzzles you, something that resonates with you, or just something you want to examine further.” Now share it with the group*

O: Read John 17:14-15. What similarities do you see between this text and Psalm 1:1-2?

I: How appropriate is the picture of walking, standing, and sitting (v. 1) for a life of compromise with the world? What practical lessons can you draw from these potential postures?

I: What do you find delightful about God’s instructions (Psalm 1:2)?

I: How might morning-and-evening meditation on Scripture influence your conduct and enable you to “bear fruit”?

A: What steps can you take to delight in and feed on God’s Word “by day and by night”—in the morning and evening?

A: In addition to meditating on Scripture, are there other ways to plant yourself by streams of water (v. 3)?

-How WILL you respond this week? What one question do you want us to ask of you next week in regard to this?

Recommended Follow-up:

Pray: Pray together, and really focus in on that we are meeting with God, He’s in the room, and He wants us to KNOW Him. Pray together, spend some time being silent.

Respond: Spend this week responding to God’s word as fleshed out in the group time, as well as journey through this week’s devotional guide.

An explanation on how Riverside structures these discussion guides*:

Riverside defines a disciple of Jesus as a **“Know, Be, Do”** person. And since Jesus told us to “make disciples” we use the “Know, Be, Do” framework in our discussion guides. We believe the process for this transformation happens in community, hence the **“Together”** part of the Riverside mission as well.

Riverside leadership regularly asks questions around these areas:

- “What do we need to **know** about God?”
- “Who do we need to **be**?”
- “What do we need to **do**?”
- **“Together**, what is our communal identity/response according to the passage/Holy Spirit?”

Here is what we mean by “Know, Be, Do” (based on [Colossians 1:9-10](#), see below)

Know – *“to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives..., growing in the knowledge of God.”* Not just knowing about Jesus, but knowing Him personally, intimately, and deeply. This is also about knowing the scriptures, knowing the voice of the Holy Spirit, even knowing yourself.

Be – *“so that you may live a life worthy of the Lord and please him in every way.”* Becoming more like Jesus (sanctification). This is about our character and our heart and our motivations, our passions and convictions change the more we get to Know Jesus (and others).

Do – *“bearing fruit in every good work, ...”* Knowing Jesus and Becoming like Jesus practically will change our actions. As we grow in these areas we will naturally DO the things that Jesus did while in the flesh on earth (living and loving like Jesus). Some broad categories around DO are evangelism and justice and service.

Notice *“bearing fruit in every good work”* then yields more *“growing in the knowledge of God.”* In other words, while “Know, Be, Do” are three distinct words, they are deeply interconnected.

As a side note, the next chapter states: *⁶ So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. ⁸ See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. (Col. 2:6-8)*
To aid in this process Riverside also has a **daily devotional guide available each week**.

Colossians 1:9-10, NIV

For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,...

* As discussed in Riverside’s HGLT (Home Group Leader Training), these guides are to be starting points for home group leaders to develop their own guides and approaches to leading group discussions. This is a resource tool, not a rigid “go through this guide word-for-word.” There are intentionally too many questions for a single home group time. This guide was created in consultation with *Psalms 1-41: A Christian Union Bible Study* (Christian Union Bible Studies), Tyndale House Publishers; Raiter, Mike. *Journey Through Psalms 1-50: 50 Biblical Insights & Principles* (Journey Through Series: Poetry & Wisdom), Discovery House Publishing.