# Group Discussion Guide for Week of 6/25/2023

Riverside Home Group Discussion Guide

Scripture Text to accompany the themes of the Sunday Sermon; Psalm 13 (NIV)

## For the director of music. A psalm of David.

- <sup>1</sup>How long, Lord? Will you forget me forever? How long will you hide your face from me?
- <sup>2</sup> How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?
- <sup>3</sup>Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death,
- <sup>4</sup> and my enemy will say, "I have overcome him," and my foes will rejoice when I fall.
- <sup>5</sup> But I trust in your unfailing love; my heart rejoices in your salvation.
- <sup>6</sup> I will sing the Lord's praise, for he has been good to me.

## **General Question Bank**

Observation (what does the text say?) Interpretation (what does it mean?) Application (what does it mean to me/us?)

Know (what does the text say about God?) Be (what does it say about us?) Do (what does it call us to do?)

Together (What is our communal identity/response according to the passage/Holy Spirit?)

# Discussion/Topic Starter (Ice Breaker)

• How does it feel to read Psalm 13? (note we're looking for feeling words here)

#### Psalm 13

- O: What things in the text strike you or jump out at you? Why?
  - \*\*\*Another way to ask: "Choose one verse or phrase from the passage that stands out to you. This could be something you're intrigued by, something that makes you uncomfortable, something that puzzles you, something that resonates with you, or just something you want to examine further." Now share it with the group
- O: God loved David, and we find no indication that He was offended by the prayer of vs. 1-4. We might take David's bold directness as a sign of true faith and, in its own way, of respect: How is this psalm a sign of taking God seriously?
- I: Have you had prayer experiences in which God seemed to be a long time in answering? How did you respond?
- I: How does this psalm meet the person feeling completely alone and helpless?
- I: In the midst of hurts, doubts, and sorrows, David still sings praises to God. What can we learn from this? How might Psalm 13 help you open up a conversation with God in the midst of desperation?
- A: Make room for lament, in faith. Perhaps begin by praying or even memorizing Psalm 13. Psalms like these give language for the whole experience of a life of faith, not just the "preferred" parts.
- A: If you haven't already, memorize Numbers 6:24-26, ""The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face towards you and give you peace," as a reminder for times when it seems like God is hiding his face from you (v. 1).

-How WILL you respond this week? What one question do you want us to ask of you next week in regard to this?

# Recommended Follow-up:

<u>Pray:</u> Pray together, and really focus in on that we are meeting with God, He's in the room, and He wants us to KNOW Him. Pray together, spend some time being silent.

Respond: Spend this week responding to God's word as fleshed out in the group time, as well as journey through this week's devotional guide.

# An explanation on how Riverside structures these discussion guides\*:

Riverside defines a disciple of Jesus as a <u>"Know, Be, Do"</u> person. And since Jesus told us to "make disciples" we use the "Know, Be, Do" framework in our discussion guides. We believe the process for this transformation happens in community, hence the **"Together"** part of the Riverside mission as well.

Riverside leadership regularly asks questions around these areas:

- "What do we need to **know** about God?"
- "Who do we need to **be**?"
- "What do we need to **do**?"
- "Together, what is our communal identity/response according to the passage/Holy Spirit?

Here is what we mean by "Know, Be, Do" (based on Colossians 1:9-10, see below)

**Know** – "to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives..., growing in the knowledge of God." Not just knowing about Jesus, but knowing Him personally, intimately, and deeply. This is also about knowing the scriptures, knowing the voice of the Holy Spirit, even knowing yourself.

**Be** – "so that you may live a life worthy of the Lord and please him in every way." Becoming more like Jesus (sanctification). This is about our character and our heart and our motivations, our passions and convictions change the more we get to Know Jesus (and others).

**Do** – "bearing fruit in every good work, …" Knowing Jesus and Becoming like Jesus practically will change our actions. As we grow in these areas we will naturally DO the things that Jesus did while in the flesh on earth (living and loving like Jesus). Some broad categories around DO are evangelism and justice and service.

Notice "bearing fruit in every good work" then yields more "growing in the knowledge of God." In other words, while "Know, Be, Do" are three distinct words, they are deeply interconnected.

As a side note, the next chapter states: <sup>6</sup> So then, just as you received Christ Jesus as Lord, continue to live your lives in him, <sup>7</sup> rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. <sup>8</sup> See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. (Col. 2:6-8) To aid in this process Riverside also has a <u>daily devotional guide available each week</u>.

# Colossians 1:9-10, NIV

For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,...

As discussed in Riverside's HGLT (Home Group Leader Training), these guides are to be starting points for home group leaders to develop their own guides and approaches to leading group discussions. This is a resource tool, not a rigid "go through this guide word-for-word." There are intentionally too many questions for a single home group time. This guide was created in consultation with Psalms 1-41: A Christian Union Bible Study (Christian Union Bible Studies), Tyndale House Publishers; Raiter, Mike. Journey Through Psalms 1-50: 50 Biblical Insights & Principles (Journey Through Series: Poetry & Wisdom), Discovery House Publishing.