

Group Discussion Guide for Week of **12/31/2023**

Riverside Home Group Discussion Guide

Scripture Text to accompany the themes of the Sunday Sermon; **Matthew 11:28 – 12:14 (NIV)**

28 “Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.”

12 At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. 2 When the Pharisees saw this, they said to him, “Look! Your disciples are doing what is unlawful on the Sabbath.”

3 He answered, “Haven’t you read what David did when he and his companions were hungry? 4 He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. 5 Or haven’t you read in the Law that the priests on Sabbath duty in the temple desecrate the Sabbath and yet are innocent? 6 I tell you that something greater than the temple is here. 7 If you had known what these words mean, ‘I desire mercy, not sacrifice,’ [a] you would not have condemned the innocent. 8 For the Son of Man is Lord of the Sabbath.”

9 Going on from that place, he went into their synagogue, 10 and a man with a shriveled hand was there. Looking for a reason to bring charges against Jesus, they asked him, “Is it lawful to heal on the Sabbath?”

11 He said to them, “If any of you has a sheep and it falls into a pit on the Sabbath, will you not take hold of it and lift it out? 12 How much more valuable is a person than a sheep! Therefore it is lawful to do good on the Sabbath.”

13 Then he said to the man, “Stretch out your hand.” So he stretched it out and it was completely restored, just as sound as the other. 14 But the Pharisees went out and plotted how they might kill Jesus.

General Question Bank

Observation (what does the text say?) **Interpretation** (what does it mean?) **Application** (what does it mean to me/us?)

Know (what does the text say about God?) **Be** (what does it say about us?) **Do** (what does it call us to do?)

Together (What is our communal identity/response according to the passage/Holy Spirit?)

Discussion/Topic Starter (Ice Breaker)

Have you ever witnessed or been a part of an unlikely friendship? How did the friendship form?

Isaiah 11: 1-10

O: What things in the text strike you or jump out at you? Why?

***Another way to ask: “Choose one verse or phrase from the passage that stands out to you. This could be something you’re intrigued by, something that makes you uncomfortable, something that puzzles you, something that resonates with you, or just something you want to examine further.” Now share it with the group.

O: As Jesus interacts with the Pharisees, how would you describe his demeanor and character?

I: In chapter 11, Jesus invites us to come to him. He describes himself as “gentle and humble in heart”. Why, when inviting the burdened to come to him, might he have used this phrase about himself?

I: Jesus is addressing the Pharisee’s previous ideas of what Sabbath means and the purpose it serves. What do infer is Christ’s desire for Sabbath and for us as we practice Sabbath?

A: When Jesus references mercy over sacrifice, what comes to mind for you? Are there places you're placing higher emphasis on duty or sacrifice over mercy and faithfulness?

A: In community, how might we encourage and invite others to participate in Sabbath rest?

A: How might God be inviting you to find "rest for your soul"? Do you sense any practical next steps for rest or Sabbath in your life?

-How will you respond this week? What one question do you want us to ask of you next week in regard to this?

Recommended Follow-up:

Pray: Pray together, and really focus in on that we are meeting with God, He's in the room, and He wants us to KNOW Him. Pray together, spend some time being silent.

Respond: Spend this week responding to God's word as fleshed out in the group time, as well as journey through this week's devotional guide.

An explanation on how Riverside structures these discussion guides¹:

Riverside defines a disciple of Jesus as a **“Know, Be, Do”** person. And since Jesus told us to “make disciples” we use the “Know, Be, Do” framework in our discussion guides. We believe the process for this transformation happens in community, hence the **“Together”** part of the Riverside mission as well.

Riverside leadership regularly asks questions around these areas:

- “What do we need to **know** about God?”
- “Who do we need to **be**?”
- “What do we need to **do**?”
- **“Together**, what is our communal identity/response according to the passage/Holy Spirit?”

Here is what we mean by “Know, Be, Do” (based on [Colossians 1:9-10](#), see below)

Know – *“to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives..., growing in the knowledge of God.”* Not just knowing about Jesus, but knowing Him personally, intimately, and deeply. This is also about knowing the scriptures, knowing the voice of the Holy Spirit, even knowing yourself.

Be – *“so that you may live a life worthy of the Lord and please him in every way.”* Becoming more like Jesus (sanctification). This is about our character and our heart and our motivations, our passions and convictions change the more we get to Know Jesus (and others).

Do – *“bearing fruit in every good work, ...”* Knowing Jesus and Becoming like Jesus practically will change our actions. As we grow in these areas we will naturally DO the things that Jesus did while in the flesh on earth (living and loving like Jesus). Some broad categories around DO are evangelism and justice and service.

Notice *“bearing fruit in every good work”* then yields more *“growing in the knowledge of God.”* In other words, while “Know, Be, Do” are three distinct words, they are deeply interconnected.

As a side note, the next chapter states: *⁶So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. ⁸See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ. (Col. 2:6-8)*

To aid in this process Riverside also has a **daily devotional guide available each week.**

Colossians 1:9-10, NIV

For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,...